

# Brain Bootcamp

A Free Community Resource Event

## Keep Your Brain Healthy & Strong

This is a FREE community educational event about brain health with practical application to keeping your brain strong and healthy  
Free Refreshments Included

**LIMITED SPACE AVAILABLE**

**RSVP Today**



RSVP by phone or text to 928-254-2876 with the number of people in your party by Friday, August 30th



All proceeds and donations go directly to our local Alzheimer's Association



**Saturday, Sept 6, 2025**



**9:30 am — 1:30 pm**



**Yavapai College, Prescott  
Community Room  
Building 19**

### Event Highlights:



Engaging presentations from doctors, dieticians, and brain health professionals



Resources to strengthen cognitive function and support brain health longevity



Community connection and practical strategies to care for loved ones with memory concerns



**Hosted  
by**

**Prescott Hearing Center, Cognitive Function Development Institute,  
BIOLight Therapy, Arizona Metabolic Health, Oasis Senior Advisors,  
Pathway2Vitality, and the local Alzheimer's Association**